



Focus on Food Safety

POTENTIALLY HAZARDOUS FOODS

WHAT ARE POTENTIALLY HAZARDOUS FOODS (PHF)?
PHF is any food or food ingredient (natural or synthetic)
capable of supporting rapid growth of micro-organisms



MEAT • DAIRY

Cooked or raw animal (protein)
products, such as meats, poultry,
dairy, milk, cheese, fish & seafood

STARCH

Heat treated vegetables and
starches, such as cooked rice,
beans, potatoes, & pasta



SPROUTS • MELONS

Tofu • Raw Seed Sprouts
Cut Melons • Garlic in Oil • Etc.

If there is any doubt a food is PHF, it should be kept out of the Temperature Danger Zone!



A safe eating fact sheet brought to you by the KDA Division of Food Safety, 109 SW 9th St., 3rd Floor, Topeka, KS 66612
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